

材料

斑节大虾(约500公克)6只菌菇150克面线60克牛油40克蒜蓉30克葱末20克薄荷叶适量

高汤调味料

家乐浓缩鲜鸡汤 20 克 热水 500 毫升

菜色调味料

 家乐鸡精粉
 5克

 生粉
 少许

 酱油
 少许

 砂糖
 少许



做法

面线烫水晾干,做成球状,炸酥备用。高汤调好备用。大虾去壳清净,用家乐鸡精粉3公克和少许生粉腌制后,过热油备用。菌菇过油备用。蒜蓉、葱末爆香,放入牛油炒香,加入高汤400公克再放入菌菇,以家乐鸡精粉2公克、少许酱油及砂糖调味,放入虾球焖煮1分钟入味后,勾薄芡再捞起摆盘,最后以薄荷叶装饰即可上桌享用。

PRAWNS with CHICKEN MUSHROOM SAUCE

INGREDIENTS

Prawns (about 500 grams) 6 pcs
Mushrooms 150 gm
Noodles 60 gm
Butter 40 gm
Garlic (chopped) 30 gm
Diced Green Onion 20 gm
Mint Leaves (use suitable amount)

SAUCE

Knorr Concentrated Chicken Stock 20 gm Hot Water 500 ml

VEGETABLE

Knorr Chicken Stock 5 gm
Corn Starch (use suitable amount)
Soy Sauce (use suitable amount)
Sugar (use suitable amount)



METHOD

Boil noodle in hot water, strain and let dry. Shape into spheres and fry till crispy. Mix **Sauce** well. Clean and husk prawns. Marinate with 3gm Knorr Chicken Stock and corn starch. Fry prawns and mushrooms in hot oil. Sauté chopped garlic and diced green onion in butter. Add **Sauce** and mushrooms. Season with 2gm Knorr Chicken Stock, soy sauce and sugar. Add prawns and cook until sauce thickens. Garnish with mint leaves and serve.



郊绣

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